



Same-Sex Marriage Reduces Health Care Costs for Gay Men

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State laws legalizing same-sex marriage result in gay men leading healthier lives and spending less on health care costs, especially those related to mental health issues, according to a study led by researchers at the Columbia University Mailman School of Public Health and published in the *American Journal of Public Health*. The study examined health care for 1,211 gay and bisexual men attending a Massachusetts clinic after the state legalized same-sex marriage in 2003. The researchers found a 13 percent reduction in medical visits and a 14 percent drop in health care costs. In addition, the men experienced fewer stress-related ailments—depression, hypertension and adjustment disorders. These benefits were shared by both single and partnered men.

To read the Columbia University article, [click here](#).

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